

UNWINDING II

FOR STRING QUARTET

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April 2017

PERUSAALY

ONLY

UNWINDING

Duration: 8'50"

In 2013, I had a bike accident that left me with nearly constant headaches for over a year and persistent short-term memory problems. Unwinding refers to a process in craniosacral therapy in which a physical therapist helps a patient to unravel tensions in the muscles and nervous system. After the trauma and pain is released, you are left feeling light and free. It is an amazing sensation. Without craniosacral therapy, I do not think I could be composing at all today. This is the second work that I have written inspired by this process. The first work, *Unwinding* for string trio, was performed by the Earplay ensemble in 2016.

Unwinding II was commissioned by Composer's, Inc. with support from the Matthew Paul Finnegan Commissioning Award and was premiered by the Amaranth Quartet on May 13, 2017 at the First Congregational Church in Berkeley, CA.

Please contact the composer with any questions!

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PERFORMANCE NOTES

Accidentals follow conventional rules: they apply throughout the bar to notes in the same octave and the same stave.

All *tremolo* markings are unmeasured and fast as possible.

Start all *glissandi* immediately at the beginning of the note value.

S.P. *sul ponticello*

M.S.P. *molto sul ponticello*

N. *normale* – used with S.P. and M.S.P.



Gradual and continuous transition (e.g. from N. to M.S.?)



Natural harmonic (octave) OR open string

G. P.



Ground Pause

Feather-beamed passages are unmeasured



Touch Major 3rd harmonics sound 2 octaves above (sounding pitch is not always shown)

Touch minor 3rd harmonics sound 2 octaves above (sounding pitch is not always shown)

Unwinding II

Foreboding
 $\text{♩} = \text{c} 60$

Vln. I

Vln. II

Vla.

Vc.

9

Vln. I

Vln. II

Vla.

Vc.

A **Furious** ($\text{♩} = \text{c} 60$)

15

Vln. I

Vln. II

Vla.

Vc.

17

ff

ff

ff

ff

21

ff

pizz.

ff

23

ff

ff

ff

ff

25

ff

B Agitated (♩ = 60)
f semper

II + III
f semper

27

f semper
(pizz.)

ff semper

29

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C Suddenly Questioning
($\text{d} = \text{c} 60$)

31

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33

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35

mp

poco

mf espressivo

poco

poco

37

p

poco

(N.) S.P.

p

poco

N. S.P.

poco

N. S.P.

poco

mp

39

p

poco

N. S.P.

poco

6

mf

mf

N. S.P.

f espressivo

N.

poco

N. S.P.

mf

6

mf

D Searching a tempo ♩ = c 60

E Meditative (♩ = c 60)

73

N. II III

pp

N. → S.P.

mp

pp

mf

p

accel.

N. *p* (e)

p

H **Flowing Fader**
♩ = c 72

76

mp

mp

p

p

78

p 6

mf 3

mp

p

mf

p

mf

S.P. →

N. →

p

mp

80

5/4

p

mf

S.P.

N.

mf

I Ethereal
(♩ = c 72)

82

5/4

N.

S.P.

poco

N.

tr

S.P.

tr

poco

p

83

N.

S.P.

poco

N.

S.P.

poco

N.

tr

N.

11

87 N. (c) → S.P. poco

N. (c) → S.P. poco

N. → N.

→ N.

88 N. → N.

N. → N.

N. → S.P. poco

N. → S.P. poco

89 N. (c) → S.P. poco

N. → S.P.

N. → S.P. poco

N. → N.

J Beginning to break apart ($\bullet = c 72$)

90

REPRO

N.

N.

(c)

N.

M.S.P.

p

I.

pp

6

6

6

6

6

6

91

IV III II

p

N.

N.

poco sfz

6

6

6

6

6

6

6

3

92

mp

N.

N.

p

S.P.

6

6

3

3

3

3

3

3

93

N.

N.

mp

poco *sfz*

N.

S.P.

94

N.

N.S.P.

sfz

sfz

N.

N.

p

sfz

95

N.

N.

IV

sfz

sfz

N.

N.

p

sfz

sfz

poco *sfz*

K Flowing again ($\text{♩} = \text{c} 72$)

97

98

99

100

101

102

103

103

rit.

N.

f

sfz

sfz

sfz

sfz

p

3/4

3/4

3/4

L Joyous - A tempo
♩ = c 60

$\downarrow = c \ 60$

$\text{♩} = \text{c } 60$

110



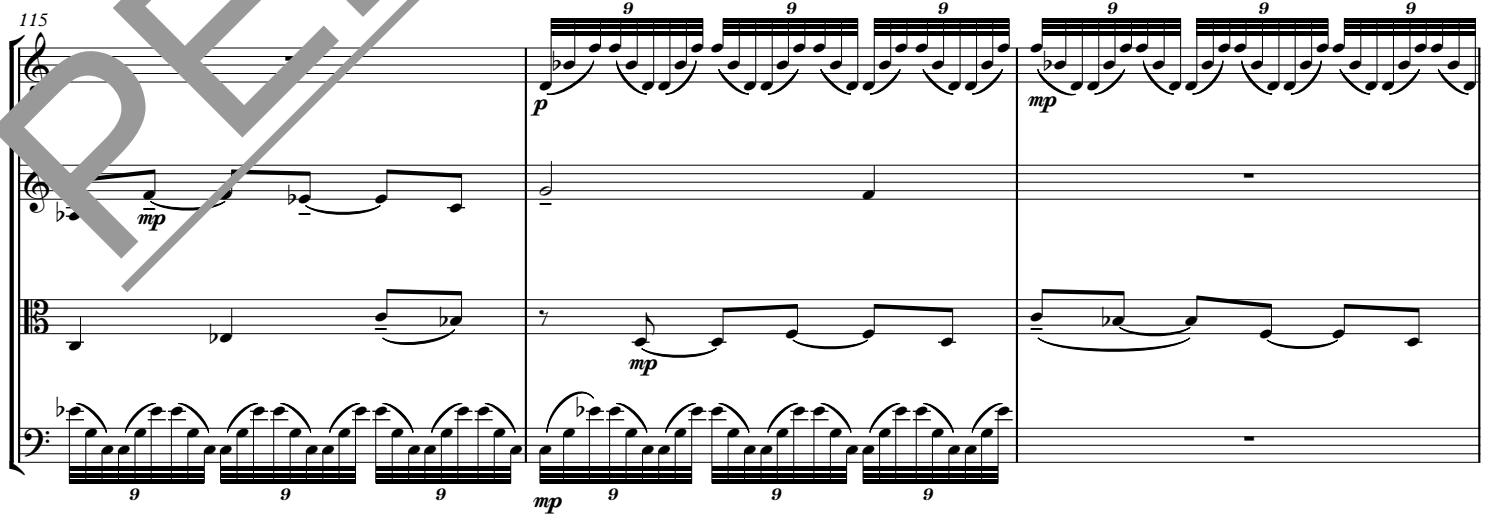
Musical score page 110. The score consists of four staves. The top staff (treble clef) has a single note. The second staff (treble clef) has eighth-note pairs with a '9' below them. The third staff (bass clef) has eighth-note pairs with a '9' below them. The bottom staff (bass clef) has a single note. Measure 110 ends with a vertical bar line. Measure 111 begins with a bass note followed by a treble note. The score then continues with eighth-note pairs on the second and third staves, with a '9' below each pair. Measure 111 ends with a vertical bar line. Measure 112 begins with a treble note followed by a bass note. The score then continues with eighth-note pairs on the second and third staves, with a '9' below each pair. Measure 112 ends with a vertical bar line.

112



Musical score page 112. The score consists of four staves. The top staff (treble clef) has eighth-note pairs with a '9' below them. The second staff (treble clef) has eighth-note pairs with a '9' below them. The third staff (bass clef) has a single note. The bottom staff (bass clef) has a single note. Measure 112 ends with a vertical bar line. Measure 113 begins with a treble note followed by a bass note. The score then continues with eighth-note pairs on the second and third staves, with a '9' below each pair. Measure 113 ends with a vertical bar line. Measure 114 begins with a bass note followed by a treble note. The score then continues with eighth-note pairs on the second and third staves, with a '9' below each pair. Measure 114 ends with a vertical bar line.

115



Musical score page 115. The score consists of four staves. The top staff (treble clef) has eighth-note pairs with a '9' below them. The second staff (treble clef) has eighth-note pairs with a '9' below them. The third staff (bass clef) has a single note. The bottom staff (bass clef) has a single note. Measure 115 ends with a vertical bar line. Measure 116 begins with a treble note followed by a bass note. The score then continues with eighth-note pairs on the second and third staves, with a '9' below each pair. Measure 116 ends with a vertical bar line.

118

PERUSA ONLY

121 **M**

PERUSA ONLY

123

PERUSA ONLY

125

mp

12

mp *12* *12* *12*

mp

131

12 12 12

12 12

12

> >

12 12

12 12

12

> >

133 >

12

12

12

ff

12 12

12

ff 12 12

ff

135 >

12 12 12

12

ff espressivo

12 12

12

ff

ff 9 9

N Triumphant, winding down
(♩ = c 60)

141

mf

12 *12* *12*

mf

12 *12*

mp

9 *9* *9*

mf

9 *9*

143

p

t2 *t2* *t2*

p

t2 *t2* *t2*

p

9 *9* *9*

p

tr *60*

pp

t2 *t2*

pp *pp*

9 *9*

pp *ppp*

(N.)

O Peacefully fading away
(♩ = c 60)

145

tr S.P.

ppp

mp

N.

p

p

148

P.D.F.

f

p

pp

ppp

S.P.